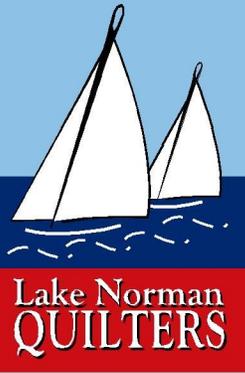


Sew it goes



January, 2015

Reminders...

Remember to wear your name tags.

Come to Sit, Sew and Chat beginning at 3:00pm before our meeting.

Bring your boxes for Block in a Box.

Charm Swap has been discontinued.

Deadline for the February newsletter is Tuesday, February 10.

LNQ blog address: <http://lknquilters.wordpress.com/>

Our Facebook group is Lake Norman Quilters.

Remember:

Dolores Fobare will be collecting dues for 2015 at our January meeting. The dues are \$20.

January Program

Programs for 2015 are coming together. If you have a suggestion for a program please let me know, I do have several months that are still open.

I will not be at the January meeting as I will be in California attending the Road to California Quilt Show and visiting my sister. This is our annual business meeting, the time when we will be planning our direction for 2015. Put on your thinking caps to come up with some interesting projects or add a twist to our present projects for the guild. We have a great group of creative members and I know there are some great ideas.

My email is zork@mi-connection.com or you can call me at 704-664-6939.

Barbara Barrier, Program Chair

February Program

February meeting will be presented by Susan Knapp, "Her Quilt Story". She has done so much and it will be great to catch up with her.

Barbara Barrier will be planning our program events for the upcoming year. She will give us a peak at those activities in the next few weeks.



LNQG Minutes—December, 2014

No minutes were taken at the December meeting.

Block in a Box Guidelines

2015 Round Robin Exchange—Box exchange will begin at the February meeting.

Each person participating is responsible for buying their own fabric:

Dark	1 yard
Medium	1 yard
Light	1 yard
Background	2 yards
Accent	½ - 1 yard

Place in a sturdy box (like a Sterlite or Rubbermaid one with a lid). Wash, dry and iron your fabric if you normally do so.

There needs to be a list in your box indicating how your fabric is to be used (which one is medium, dark, accent, etc). Some people cut a small swatch from each and tape it to a 3 x 5 card and label it. If you have no preference please tell us.

You may choose to include a spool of thread (optional).

You may also choose to include a fabric label in your box so that each participant can sign your quilt.

Label your box with your name and phone number on the outside of the box! You may also include your email address if you have one.

Choose a pattern for a 12" finished (12 ½ unfinished) square. You will make this same square each month out of the fabric in the box you receive.

KEEP YOUR BLOCK PATTERN A SECRET!

Make your block out of your own fabric. Label your square with your name by pinning a piece of paper to it and set it aside in your sewing room.

Now you are ready to begin the round robin exchange.

The round robin works like this:

A list is made of all the participants.

Boxes are passed in order: 1 to 2, 2 to 3 and so on with the last person passing to

the first.

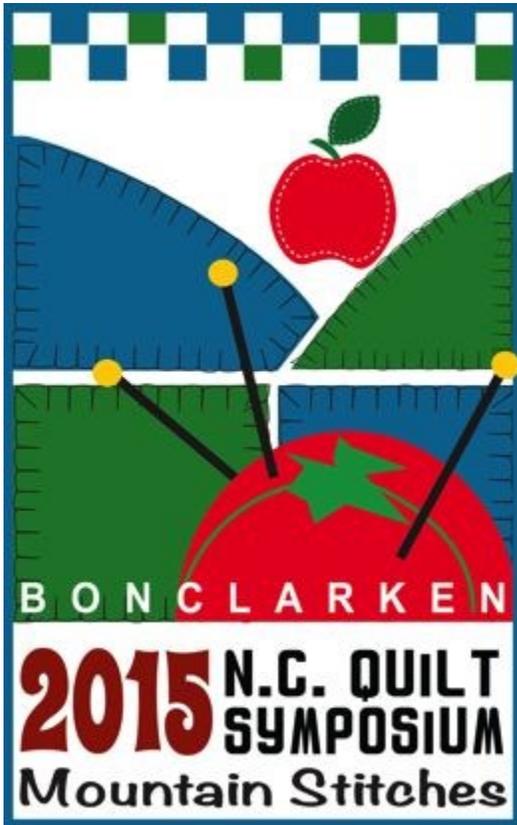
When you receive a box you will take it home and make one square from the material in the box using the same pattern you used to make your first block. (Remember, you are making the same square each month, just using different fabric). Label the square with the name of the person owning the box. You may also choose to put your name on the label so the recipient will know which block was made by whom. Set this block aside with the other one you made. Put all of the fabrics, lists, thread, etc. back in the box so it is ready to pass on to the next person.

At the end of the rotation we will get our original box back and will exchange our blocks. When we do so, each person will have a block made by every other person on the list, made out of their own fabrics.

We will use the month of February for everyone to choose their fabrics and block pattern and make their own block. Please bring your box to the February meeting and I will have the rotation schedule made so you will know who you pass the box to.

ENJOY!!!!

Questions????? See Deb Waldron



Hosted by Western North Carolina Quilt Guild

May 28 - May 31, 2015 at Bonclarken Conference Center, Flat Rock, NC

On behalf of the [North Carolina Quilt Symposium, Inc.](#), and the [Western North Carolina Quilters Guild](#), we welcome you to Flat Rock, North Carolina, and Quilt Symposium 2015. It is with great pleasure that we present this year's teachers and their classes. We hope you will agree that we have an impressive faculty offering a wide variety of topics and techniques.

[Symposium Main Page](#)

Please note registration information and all deadlines. Your completed symposium registration forms and your check or money order must be mailed to NCQS 2015, 1468 Mt. Olivet Rd, Zirconia, NC 28790. Registration forms for the symposium must not be mailed before January 20, 2015.

[Booklet](#)

[Teachers and Classes](#)

[Registration Forms](#)

If you have questions about the 2015 N.C. Quilt Symposium, please contact Joanne Shafer joannshafer@live.com.

You can learn more about the North Carolina Quilt Symposium at our [blog](#).

Business Announcements



Recipe as requested...

Reuben Bake

Serving Size: 8

Time: Prep Time: 20 Min Total Time: 35 Min

Ingredients

2 tubes (8 ounces each) Pillsbury® Refrigerated Crescent Dinner Rolls

1 lb. sliced Swiss cheese

1 1/4 lbs. sliced deli corned beef

1 can sauerkraut -- (14 ounces) rinsed and well drained

2/3 cups Thousand Island salad dressing

1 egg white -- lightly beaten

3 teaspoons caraway seeds

Save a shopping List

Directions

Unroll one tube of crescent dough into one long rectangle; seal seams and perforations. Press onto the bottom of a greased 13-in. x 9-in. baking dish. Bake at 375° for 8-10 minutes or until golden brown.

Layer with half of the cheese and all of the corned beef. Combine sauerkraut and salad dressing; spread over beef. Top with remaining cheese.

On a lightly floured surface, press or roll second tube of crescent dough into a 13-in. x 9-in. rectangle, sealing seams and perforations. Place over cheese. Brush with egg white; sprinkle with caraway seeds.

Bake for 12-16 minutes or until heated through and crust is golden brown. Let stand for 5 minutes before cutting. Yield: 8 servings.

Source:Taste of Home

Nutrition Facts from Website: One serving: 1 piece Calories: 610 Fat: 39 g Saturated Fat: 18 g Cholesterol: 108 mg Sodium: 1905 mg Carbohydrate: 28 g Fiber: 2 g Protein: 31 g